



SIERRA  
**Community**  
HOUSE

COMMUNITY ENGAGEMENT  
ONGOING PROGRAMS  
**IN TRUCKEE**

ALL CLASSES ARE FREE UNLESS OTHERWISE NOTED  
TODAS LAS CLASES SON GRATUITAS

**Family Room/El Cuarto de Familia - Bilingual:** Mondays - Fridays, 10:00am - 12:00pm (follows TTUSD calendar); Mon.-Weds. at Truckee Elementary; Thurs.-Fri. at Truckee Community House, 11695 Donner Pass Road  
- Bilingual program for children 0-3 and their parents/caregivers. Provides interactive play, early learning skills, music, a lending library and much more!  
- Juego interactivo y espacio para el aprendizaje para niños menores de 3 años y sus padres. Programación y libros bilingües.

**Baby's Breakfast Club/El Club de Desayuno para bebés - Bilingual:** Mondays 9:30 - 11:30am at Truckee Community House, 11695 Donner Pass Road; For registration call/Para registraci3n llame al: 530 587-3769  
- This program offers social interaction for moms and babies, hands-on breastfeeding help, nutrition education, light refreshments, and more!  
- Este programa ofrece interacci3n social para mam3s, apoyo para amamantar, educaci3n nutrativa, bocadillos y mas!

**Aer3bics - In Spanish:** Mondays and Wednesdays, 7:00 - 8:00pm at Truckee Pines Office, 10100 estates drive

**Desestres-Arte - In Spanish:** Fridays, 6:00 - 8:00pm at Truckee Community House, 11695 Donner Pass Rd, Truckee  
- Clases de arte comunitario (Community Art Classes)