



PAINT THE LAKE PURPLE

FOR DOMESTIC VIOLENCE AWARENESS



SIERRA
Community
HOUSE

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

Join our agency virtually
each week in October!

Together we can
Spread awareness and
Paint the Lake Purple
(the color of Domestic Violence Awareness!)



Healthy relationships for all

**SEE OUR CALENDAR OF EVENTS
ON THE SECOND PAGE!
There will be prizes!**

For more information call 530-546-0952 x130 or x119 or x124
www.SierraCommunityHouse.org

PAINT THE LAKE PURPLE for Domestic Violence Awareness

Sierra Community House Events

SOCIAL MEDIA EVENTS

OCT. 1- OCT. 8

“SHOW YOUR PURPLE!”

Dye your hair, paint your nails, dress up, in the DVAM color of PURPLE! Post a Pic!

tag @sierracommunityhouse | #paintthelakepurple | #healthyrelationshipsforall

OCT. 9- OCT. 15

“GET CRAFTY: DIY DVAM”

Create a DVAM craft- purple ribbon, poster, painting, jewelry or other! Post a Pic!

tag @sierracommunityhouse | #paintthelakepurple | #healthyrelationshipsforall

OCT. 16- OCT. 22

“A MESSAGE TO SURVIVORS”

Post words and images of encouragement to survivors!

tag @sierracommunityhouse | #paintthelakepurple | #healthyrelationshipsforall

OCT. 23- OCT. 29

“SHARE SOMETHING YOU LEARNED ABOUT DVAM!”

We hope you have learned something with us this October. Share with a Post!

tag @sierracommunityhouse | #paintthelakepurple | #healthyrelationshipsforall

VIRTUAL & IN-PERSON EVENTS

TUESDAYS, OCT. 5- NOV. 2 | 11AM - 12PM

**IN-PERSON WORKSHOP ON THE CORRELATION BETWEEN
CHRONIC HEALTH & DOMESTIC VIOLENCE.**

EMAIL IVALDEZ@SIERRACOMMUNITYHOUSE.ORG TO REGISTER OR FOR MORE INFO.

THIS OCTOBER | TBD

VIRTUAL WORKSHOP ON HEALTHY PRACTICES & WRITE A LETTER TO A SURVIVOR.

EMAIL EPANIAGUA@SIERRACOMMUNITYHOUSE.ORG FOR MORE INFO OR TO REGISTER.

FRIDAY, OCT. 29 | 6PM – 7:30PM

FUN VIRTUAL DVAM TRIVIA NIGHT! THERE WILL BE PRIZES!

EMAIL JHALLER@SIERRACOMMUNITYHOUSE.ORG FOR VIRTUAL LINK.

Office Phone: 530-546-0952
24-HR Helpline: 800-736-1060



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